

# **Newsletter 1, February 2013**

# From the Principal......

Welcome to the 2013 School Year.

#### **Student Achievement**

We begin the year celebrating the significant achievements of our graduating students. More than 71% of the grades achieved by our Year 12 students were A's and B's and less than 6% were D's and E's. Indeed of the 215 students who were eligible to complete the SACE, all but 12 were successful. We are proud of all of our students, with many who were very high achievers. Forty five students achieved an ATAR rank over 90 and an additional 45 achieved an ATAR over 80. Fourteen students between them gained 17 Merits and one of our students, Amy Park, had the distinction of gaining her overall SACE with Merit. She was one of 25 students in the state to do so.

I had the pleasure of meeting with our students at the recent Merit Ceremony at Government House, where the students are

pictured with their certificates.

We believe that the improvement in our results, which have been growing steadily over the last 3 years, is partly because of this extraordinary group of young people in Year 12 last year. It has also contributed to our increased and determined effort to ensure that all of our young people are engaged in learning to the best of their ability. This is supported by the fact that we saw an increase in achievement in both Year 11 and the middle years, and also a decrease in low achievement. Our teachers have been redesigning their learning tasks to really support young people to learn. I would like to congratulate them and our students on this outstanding improvement.



#### Leadership

One of Unley High School's initiatives to support student achievement is the recruitment of high performing leaders. I would like to welcome Ms Trish Colman, Mr Casey Freeman, Mr Andrew Hall and Ms Tamra Hood. Trish is the new Arts Coordinator and joins us from Naracoorte High School. Casey is the Health, Physical Education, Sport and Rowing Coordinator. He was previously at Grant High School and Seaton High School. Mr Andrew Hall and Ms Tamra (Tam) Hood have been appointed as Student Counsellors. Andrew joins us from Hallet Cove P-12 School and Tam from Naracoorte. We wish them all the best for a happy and productive time at Unley High School and in their work to support our young people to reach their potential.

## Retirement

Over the holidays, Mr Graeme Webster, Deputy Principal at Unley High School for more than 8 years, took the decision to retire. We thank him for his contribution to Unley and wish him all the very best in his retirement. Ms Kathy Ellis has recently been appointed to the Deputy Principal position for the year.

#### Governance

Our UHS School Council has one vacancy for a parent. A number of people spoke to me at the morning tea on the first day of school, saying that they were interested but unable to attend the AGM. If they are still interested, or indeed if anyone else would like to be involved, please contact <a href="mailto:margaret.kiley@uhs.sa.edu.au">margaret.kiley@uhs.sa.edu.au</a> or 8272 1455 at the school.

I warmly welcome you to the 2013 school year and wish you an enjoyable and successful year. Susan Cameron, Principal

# 2012 Year 12 results

Tegan Rayner

## Congratulations to the following students who gained Merits

Stefan Harris	Psychology and Modern History	Michael Dittmar	Psychology
Eleanor Konopka	Psychology and Research Project	Molly Kempson	Psychology
Amy Park	Integrated Learning and Research Project	Kaylah Kopsaftis	Psychology
Rachael Della	Research Project	Efffie Tsokas	Psychology
Grace Henry	Research Project	Ella McDonald	<b>English Communications</b>
Christina Handley	Research Project (Year 11 student)	James Merrett	Biology

Shijia (Leo) Zhou

**Mathematical Studies** 

## Congratulations to the following students who gained an ATAR over 90

Research Project (Year 11 Student)

Stefan Harris	99.55	Michael Chesser	98.55	Daina Marshall	97.45
Grace Henry	98.7	Robyn Da Silva	94.15	Bonnie Mckenzie	92.95
Kaylah Kopsaftis	98.65	Lisa Dangerfield	92.6	Hugh Merrett	95
Shijia (Leo) Zhou	98.45	Ryan Fletcher	95.5	Ned Morcom	93.9
Effie Tsokas	97.95	Kean Flowers	93.6	Larissa Murawsky	92.6
Rachael Della	97.8	Lewis Garnham	91.8	Stephanie Nordstrom	94.8
James Merrett	97.8	Alexander Gilmore	91.25	Daniel Reed	93.4
Molly Kempson	97.65	Emily Halls	93.1	Hannah Scott	96.7
Amy Park	97.25	Alex Jackson	98.05	Jesse Stevens	93.1
Michael Dittmar	97.05	Daniel Jeffery	92.6	Josh Stuart	90.5
Eleanor Konopka	95.75	Laurel Keller	95.85	Tahlia Svingos	93.6
Louise Armstrong	92.05	Sharon Khoo	93.9	Alexandra Talbot	94.6
Talullah Barker Gale	90.45	Chanoh Kim	97.45	Julia Turner	91.25
Anastasia Borrelli	91.25	Yuanchao Li	92.6	Sam White	93.6
Lindel Cain	94.4	Ailin Liu	98.85	Hunter Windsor	93.9

## Congratulations to the following students who gained an ATAR over 80

Joshua Archer	84.7	Kavyadharshini Gunasegai	an 84.8	Damian Plagakis	81.95
Caitie Atsidaftis	87	Jared Hedger	88.7	Nicholas Psichogiopoulos	84.35
Leah Bastian	88.7	Zhichao Huang	88.55	Timothy Renfrey	87.95
Megan Bennett	85.45	Benjamin James	88.55	Amy Roberts	80.55
Madeleine Benton	86	Matthew Jeffery	84	George Sagris	87
Henry Blake	85.15	Eun-Bi Lee	86.65	William Saler	88.7
Chani-Sioux Bramford	86	Sheridan Lock	82.35	Nicole Sharrad	81.55
Jake Brougham	87.65	Ella Mcdonald	83.45	Chul Woo (Harry) Song	81.55
Courtney Brown	89.9	Mathew Mcquade	83.7	Ashleigh Steer	84.7
Emily Carter	86	Charlotte Meszaros	84.35	Hamish Straatman	87.95
Nicholas Chronowski	87.35	Kane Mulvaney	82.25	Carney Summerton	89
Tahlia Clare	82.25	Jyothi Nathan-Thompson	80.55	Alexander Tan	80.05
Ashley Forgione	81.95	Kayla Nemeth	87.35	Dimitra Vitagliano	81.15
Bridie Frisby-Smith	81.55	Thomas O'Sullivan	87.35	Ellen Vlachos	88.9
Chale Gobbett	84.7	Vasiliki Papaefstratiou	86.4	Minghuai (Michael) Yao	81.55

# Punctuality

Perhaps the most crucial learning time in a lesson is the beginning.

Students who are late miss out on key routines and miss important information, including new concepts and work requirements. Lateness causes tension as it is frustrating, annoying, disruptive and time consuming. It causes a loss of instructional time for everyone. Habitual lateness shows a lack of respect for a student's teachers, other students and themselves.

We expect students to be at lessons on time. Teachers will be making their expectations and consequences for lateness very clear. Emphasis on this important precondition will benefit everyone in our school.

Please ensure that students are organised in the morning and are at school in time to start lesson one promptly.

# **Parent Workshops 2013**

## For Parents of Yr 9 & 10 students from Unley High School, Mitcham Girls High School and Urrbrae Agricultural High School.

As an initiative of the Parent Voice Committee at Unley High School, a group of teachers was formed, which also included Mitcham Girls High School and Urrbrae Agricultural High School, under the leadership of Peter Leolkes, Industries Link Coordinator, has developed a series of presentations and 'hands on' workshops which are designed to help parents support their child/ren in making important **course and career decisions** throughout their secondary schooling. Parents are warmly welcome to attend.

## **Workshop 1** Parents as Career Partners

Thursday 4 April 2013

The workshop will assist you to:

- 1. Gain and share information and insights into the emerging world of work.
- 2. Gain insights into the career development of your child.
- 3. Explore how you can most effectively assist that career development.

The workshop balances the provision of information and ideas for parents with interactive activities that draw on the parents' own wisdom and experience.

#### Workshop 2 The future world of work

#### Tuesday 28 May 2013

Find out where the jobs will be in the future in South Australia and Australia, what they might look like, what will be growth industries and the impact of our community needs on the labour market. The second part of the evening will be practical hands on exploration of the <u>myfuture</u> website (<u>www.myfuture.edu.au</u>) to investigate the many pathways and careers available.

## Workshop 3 Today's (multiple) pathways to University

## Thursday 13 June 2013

Hear about how things have changed in regards to getting into university. The 'non-linear' pathways. Hear about Bridging courses, University Entrance tests, No ATAR - what now? Ask questions of a panel of University Course Counsellors and students. Try out some of the online tools the major universities have available for students to choose courses and careers.

## Workshop 4 Trades for boys and girls and how to get there

## Wednesday 26 June 2013

What and why of Apprenticeships. Hear about selection processes used and how to win an apprenticeship. What employers value in a school leaver. Hear from recent school leavers who are now apprentices.

The second half will provide information about pathway courses available in yours and nearby schools – and how to access them, School Based Apprenticeships – how they work. How to get a head start by studying SACE and an accredited VET qualifications whilst at school.

## **Workshop 5** Other further education options

## Wednesday 31 July 2013

TAFE and other Vocational Education and Training Providers – what career paths can they offer your child?

In the second half, find out about and try out some really useful websites and other resources which you could use with your child in guiding them along their path.

## Workshop 6 How to help if they have no idea

## Thursday 15 August 2013

Schools offer several programs which teach students about where they fit, where their strengths are and which career paths to explore. Find out how what these are and how you can be a partner with the school in guiding your child to choose an appropriate path.

## To register interest:

Email careerpartners@uhs.sa.edu.au and indicate which number workshop you would like to attend.

Venue for all workshops: Unley High School

Times: 6:30pm until 8:30pm except for Workshop 1 which finishes at 9:00pm.

More information will be emailed to participants closer to the date.

# **Materials and Services Charges 2013**

The Materials and Service charge for 2013 has been formally approved by the Principal as a 'prescribed sum' in accordance with DECD requirements. A polling process was conducted in Term 4 2012 and of the parents who responded to the poll 88% voted in favour of the fee being legally recoverable.

The charge of \$665, plus any applicable subject charges, were set by the School Council and approved by the Principal on behalf of the Chief Executive DECD. Information regarding these charges has been previously issued to 2012 enrolled parents at the date of the poll. We were pleased to have been able to keep the fee at the same charge as 2012, whilst some subject charges were reduced.

Incorporated within these fees are the essential components required to successfully complete the year at Unley High School. Included in the fee is access to equipment, textbooks, library, information technology, printing and use of consumables and resources for curriculum and some pastoral care activities which will be organised throughout the year. Your early attention to either payment of the fees, completion of a 'Commitment to Pay' or application for School Card will be appreciated. Forms are available from Students Services, and the School Card application can also be downloaded from www.decd.sa.gov.au/goldbook

# Student Absence from school

Rosemary Wright, Business Manager

Unless a student is suffering from an illness, it is the expectation of DECD (Department for Education and Child Development) that all young people attend school. The only exception is where a student has time away from school for the purposes of attending TAFE, or commencing an Apprenticeship or a Traineeship.

Families wishing to take their student/s out of school for reasons other than illness, eg family holidays, travel overseas etc., are required to apply for approval for such absence by completing an *Application for Exemption from School Attandence* form, well in advance of the commencement of the exemption. These forms are available from Student Services or <a href="https://www.decd.sa.gov.au">www.decd.sa.gov.au</a>

# Newsletters for 2013

As part of our ongoing commitment to the environment, all Newsletters are published on our school website. Hard copies are no longer issued to students unless specifically requested. To ensure that you stay informed on our school activities, Newsletters and announcements you must register to be notified of new information posted on our website.

Visit <u>www.uhs.sa.edu.au</u> click on Announcements and then complete the email subscription request.

If you are unable to access our website, please write a brief letter which includes your student's name, Home Group and your signature, then pass to your student's Home Group Teacher.

Arrangements will then be made for you to receive a hard copy.

## **Greek News**

Welcome to Year 8 students and their families.

We welcome our Year 8 students who have chosen to study Greek at Unley High School and hope their language learning experience is an enjoyable and rewarding one. Thirty five students are learning Greek and we are pleased that the two classes are on the same line. A number of students have studied Greek at primary school while for others it is a new language experience.

On Monday 4 February 2013 the Year 11 and 12 students experienced the custom "cutting of the vasilopita" a Greek New Year tradition where a cake, coin inside, is eaten for good luck. A pomegranate was opened for the occasion, another New Year custom, its significance being a fruit of good fortune since ancient times. We wish our Year 12 students all the best in their studies this year.

We also welcome Mr Christos Kasimidis who was with us last year in his role as Greek Language Assistant. Christos will be in the school each Tuesday working with the Year 9,10 and 11 Greek classes.

## On-line learning from the University of Crete

Students studying Greek have access to a plethora of on-line books and other resource materials developed by the University of Crete, Greece for the teaching and learning of Greek in the Diaspora. Students in Years 8,9,10 and 11 will be using these online resources for language support. Anyone interested in viewing these on line resources may download the website <a href="https://www.ediamme.edc.uoc.gr/diaspora">www.ediamme.edc.uoc.gr/diaspora</a> and click on <a href="https://www.ediamme.edc.uoc.gr/diaspora">EKTOLOBUTIKO DAIKO.</a>

## **Events in Term 1**

Classical Archaeology Museum Tour

Our Year 8 Greek students will be visiting the Museum of Classical Archaeology at the University of Adelaide in early March.

Fringe / Festival

Hellenika event for students studying Greek in Adelaide

"Life is a song"

Singer /songwriter Loucas Loizou and Youth Engagement Program have organised a music show for students studying Greek on 22 February 2013 at 1 pm at the Folk Federation Hall in Prospect. The event "Life is a song" with Greek songs sung by Loucas Loizou in the "voice –guitar' style is a Fringe and Festival Hellenika event.

Independence Day Celebrations

On Monday 25 March staff and students will Celebrate Greek National Day

Matoula Kouzionis (8-12 Greek) and Angela Papas (8 Greek)

# **Parking Control around schools**

The City of Mitcham will be patrolling parking areas around schools on a regular basis to enforce parking restrictions. Should you have any queries, please contact Wayne Rich on 8372 8888.

# Year 8 Camp

Tuesday 19 February 2013 saw the beginning of the Year 8 Camp. At 8:45am, the first group of eighty excited Year 8 students boarded the buses for their short trip to the Mylor Baptist Campsite. The bus trip up was full of energy, with lots of students singing their favourite songs and chatting about what they will do once they got to the campsite.

On arrival at the camp they were welcomed by Mr Waldeck and the Camp Manager Peter. After listening very patiently to the necessary information about the campsite, students finally got to find out their dorm number and who they were sharing with. They very eagerly walked down the pathway to the dormitories to claim their bed for the night, unpack and organise their gear.

The happy cheerful sound of the chimes brought them back to the hall to begin their camp activities. Full of fun 'Getting to know you' activities were run by the Student Counsellors, Tamra Hood and Andrew Hall, Jodi Quast, Christian Pastoral Support Worker and Mr Greg Waldeck, Year level Manager for Year 8. After a short recess it was time to work with their Home Group Teachers and get their brains working to solve some very difficult tasks requiring team work, good communication and lots of patience. The Mine Field not only challenged the students but HomeGroup Teachers were heard to say "I got confused with the Mine Field but eventually my group got through it". The Great Divide was full of laughs as students were challenged to move together from point A to point B without the inside of their feet breaking contact.

After lunch, finally the activities that the students were eagerly waiting for since their arrival to the campsite began - the Challenge Course, Flying Fox, Giant swing, Raft Making, Bridge Building, Bouldering Wall and Archery. Across the campsite you could hear the excited cries of students as they achieved a task, whether it was hitting the target at archery, getting muddy and wet on the Challenge course, sliding down the hill on the Flying Fox or pulling the trigger on the Giant Swing. Cries also came from the teachers as students challenged them to take part in the Flying Fox and the Giant Swing and for those brave enough to take the challenge they were heard to say "That was scary". Mr Handley wins the prize for acting just like a kid and taking part in the Challenge Course not once but twice!

The fun continued, with our Air Force Cadets joining the Year 8 students at night and running a number of activities which gave them a taste of the requirements to be a cadet.

By 10:00pm everyone was so tired that they welcomed the instruction that it was time for them to get ready for bed. The camp site once again became quiet with the only sounds coming from the crickets and the whispering teachers who were keeping a vigil outside the dorms ensuring that everyone went to sleep.

Day two started with a healthy breakfast and a continuation of the afternoon activities from the previous day. At 9:30am the campsite filled with more students and noise when the second group of students arrived to start their camp.

At 2:00pm we said goodbye to the first group of students, with some of them excited to be going home and others looking back with envy at group two who were about to start their afternoon of activities.

Joanne Costa, Assistant Principal Middle School

Mylor was great fun, I especially liked the flying fox. I smashed my face against a rope. It was painful. Also the cadets were interesting. I had a good time and I hope not to hurt myself again. (Jack Doley)

The camp at Mylor pushed everyone outside the box, using teamwork and working outside their comfort zone. From gigantic swings, archery, and a classes favourite, the muddy obstacle course. It really forced the home groups to work as a team and try new things. (Tyler Rock)



We think Mylor was great and a good experience to bond and make a whole group of new friends. Everyone really showed their initiative and worked extremely well together. Already we have become a great big, supportive family! Kalyre Smith and Lily Grayling)

Mylor was fun, I loved the archery and the bridge building. The cadets were fun and taught us a couple of moves (Steven Matters)



From Tuesday 19th to Wednesday 20th, my home group ,and two others, went to the Mylor Baptist Service Campsite. The activities were amazing. I enjoyed swinging high into the sky on the giant swing. The meals there were delicious and I'd say that the dessert was sensational, it was chocolate pudding which heavenly melted in my mouth. The staff were welcoming and were always there to ask questions. If I got a choice to visit a campsite again, I would choose the Mylor campsite. (Alana Kruschel)



# **Year 8 Swimming Carnival**

On Wednesday 13 February 2013 the Unley High School Year 8 Swimming Carnival was held at the Urrbrae Agricultural High School pool.

The Carnival included four race events, breaststroke, backstroke, butterfly and freestyle where students gained 6 points for participating with further points awarded for place getters. In addition, there were also shorter 25m races across the pool where students received 2 points and 4 points for their team. Novelty events included peg search, ice berg relay, noodle relay, kickboard relay and freestyle relay.

The majority of students entered at least one event and due to the massive participation, none of the nine Home Groups' scores dropped below 100.

Points were tallied and the final results were Home Group 8.507 in third place with 251 points. In second place was Home Group 8.505 with 340 points and in first place, winning by only three points was Home Group 8.517 with 343 points.

Results for the 50m race events were taken by times over several heats

Freestyle Girls	Elouise Larkin	Rachel Woodhouse	Millie Hall	Nikki Brennan
Backstroke Girls	Elouise Larkin	Cymbie Puce	Nikki Brennan	Natasha Dinan
Breaststroke Girls	Elouise Larkin	Nikki Brennan	Rachel Woodhouse	Cymbie Puce
Butterfly Girls	Rachel Woodhouse	Elouise Larkin	Cymbie Puce	Nikki Brennan
Freestyle Boys	Hans Siegloff	Luca Stocks	Hamish Anderson	Harry Wilson
Freestyle Boys Backstroke Boys	Hans Siegloff Hans Siegloff	Luca Stocks Ben Plane	Hamish Anderson Joseph Zhao	Harry Wilson George Papadopoulus
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Congratulations to the 2013 Year 8 Swimming Champions who won medals.

> Girls Boys

1st Place: Elouise Larkin 1st Place: Hans Siegloff 2nd Place: Rachel Woodhouse 2nd Place: Joseph Zhao 3rd Place: Nikki Brennan 3rd Place: Hamish Anderson

In the end, whether the participation was in the race events, novelty events, or had just been cheering from the sidelines, all students had a great day. Congratualtions to all who participated.

By Tyler Rock 8 505



# Sports Day - 8 March 2013

Unley High School will hold its annual Sports Day on Friday 8 March 2013. All students will have an opportunity to participate in a range of athletic events and also some novelty activities.

2013 will also see the re-introduction of a House system at Unley High School. Sports Day previously saw students compete and earn points for their Home Group, however this year students have all been allocated a House for which they will compete.

The Houses that students have been allocated to are the same as those that previously existed at Unley High School

#### **GILES (Blue)**

Giles House is named after Jim Giles a passionate Latin teacher and administrator at Unley High School from the 1930's to the 1960's. Jim Giles also managed part of the schools relocation to its current site.

#### KITCHENER (Red)

Kitchener House is named after Kitchener Street, the address of Unley High School since the 1960's.

#### **KYRE (Yellow)**

Kyre House is named after Kyre Avenue, the previous address of Unley High School before moving to Kitchener Street.

#### MILLS (Green)

Mills House is named after another previous teacher of Unley High School, May Mills. May Mills taught at Unley High School from 1920 to 1953 and was heavily involved in school sport. She was involved in developing womens sport across the state.

#### **HOUSE CAPTAINS**

Congratulations to the following Year 12 students who have been elected by their peers to be House Captains and Vice Captains for 2013. These students will have an important role to play in organising younger students and generating enthusiasm and support within their House.

GILES	Captains	Nua Thredgold & Nico Van der Linden
	Vice Captains	Molly O'Brien &
		Daniel Zweck
KITCHENER	Captains	Courtney Gellie &
		Cohen Creeper
	Vice Captains	Georgi Conti &
		Fraser Durham
KYRE	Captains	Sophie Hinchliffe &
		Hamish Robinson
	Vice Captains	Nicole MacDonald &
		Alex Hall
MILLS	Captains	Kate Lawton &
		Jarred Archer
	Vice Captains	Maggie Beukes &
		Mitch Shaw

It would be great to see all students involved in this years Sports Day. Participation, achievement and House spirit will all be awarded with points on the day which will determine which House will be awarded the Champion House on the day.

Casey Freeman, Health & Physical Education Coordinator

# **International Student News**

Welcome back to the International Students from 2012. Most returned to their own countries and we hope they all had a wonderful break. A very warm welcome to the new International Students attending Unley High School this year. We currently have 41 International Students at the school, including 15 new students and we look forward to working with them to make 2013 a very exciting and productive year.

Mr Wiwich Sinsadok from Thailand

Mr Hang Yu from China

Ms Marie-Theres Ludwig from Germany

Mr Yongfeng Chen from China

Ms Hyoyi Pyun from South Korea

Ms Youyan Zhao from China

Ms Jiwoo Kim from South Korea

Mr Huu Phuc Le from Vietnam

Ms Marin Kim from South Korea

Ms Larissa De Oliveira from Brazil

Ms Jasmin Mohr from Germany

Ms Anne Beatriz Costa De Melo from Brazil

Ms Linda Gahleitner from Austria

Mr Felipe Barbosa from Brazil

Ms Jiahui Su from China

#### **Congratulations**

Congratulations to all the Year 12 International Students who graduated in 2012. Also to Ms Vicky Lin and Ms Xin Wang, Year 12 students who have been elected to Student Voice for 2013.

Peter Trethewey, Coordinator International Students

# **Counsellors Corner**

Hi, I am Andrew Hall and along with Tam Hood we are the new Unley High Student Counsellors. We have enjoyed introducing ourselves and meeting many parents at last week's Acquaintance Evenings and look forward to meeting more of the Unley High School parent community over the coming months, terms and years.

Our role is to promote, support and help maintain wellbeing for all members of the school community. There are clear links between emotional wellbeing and an individual's ability to be successful both socially and academically. Adolescence is a time of significant change as young people navigate their way through finding out 'who they are?' and 'where they fit?'. Issues around relationships, school work, mental health, on line behaviour, drugs and sexuality are common to many young people. For many parents it is equally confusing negotiating new rules, boundaries and expectations as our children move through adolescence towards adulthood.

If you have any concerns about your son or daughter please contact us. We are contactable by phone 8272 1455 during school hours or by email andrew.hall@uhs.sa.edu.au and tam.hood@uhs.sa.edu.au at any time.

All the Best

Andrew Hall and Tam Hood, Student Counsellors

# **Sport News**

Sport for 2013 has started with a large number of students taking part in regular teams. The teams we have been able to enter into competitions are two boys cricket, two mixed badminton, one mixed drive tennis, two girls touch, two boys indoor soccer, one girls indoor soccer, two girls basketball, seven mixed volleyball and a boys tennis. So far our teams are looking great so we'll hopefully have enjoyable seasons for all involved.

Knockout and individual Secondary School Sports events are already underway as well. Our Year 8/9 and Open knockout cricket teams have home games for their first round and we are confident that both those teams will do well. Open boys and girls knockout tennis and rugby league will also start very soon. We have a number of students who have signed up to play in the Individual SSSSA Tennis Championships, beach volleyball tournaments and surfing instruction days.

Already we have had a number of students competing in the Triathlon Championships and congratulations need to go to Nikki Brennan who came third in her individual division and Alex Hall who came eighth in his. Our two boys teams and one girls team also performed really well so congratulations to all participants.

Unley High School always has some very talented sports people and this time congratulations go to Zachary Boyle in Year 11. Zachary has been selected as a member of the Australian National Youth Ice Hockey Team (U18). The team will be training in Finland from late February in preparation for the World Championships in Belgrade, Serbia in March. Zachary is considered as one of Australia's most valuable players. A fantastic achievement by Zachary!

Term 2-3 winter sports nomination forms are now available for students to collect from the Sports Office. These are due back by Friday March 15th and any students returning forms late will not be guaranteed a place in a winter team. Sports on offer are football, soccer, netball, badminton, hockey, table tennis and volleyball.

Anna Henderson, Sports Coordinator













# **Rowing News**

The Unley High School Rowing Club, 2013 year began at Ankara, Walker Flat with our annual Summer Camp. Being well into the competition phase of our season, the focus for all crews was on the application of technical concepts, through boat and ergo sessions, the maintenance of a competitive standard of fitness and endurance and drawing these together as a crew to increase boat speed. Significant improvements were made by all crews putting us in a good position for the remainder of the 2012/13 season. Our traditional Iron Man and Iron Woman competitions were also held. Congratulations to the winners:

Seniors – Isobel Hercus and Aaron Jones

Year 10s – Verayna Zilm and Adam Perry

Year 9s – Vanessa McGlinchey and Ethan Mons

Year 8s – Anna Ford and Thomas Wainwright

The camp was well attended by bumper numbers of around 150 people in total, requiring us to hire out the local hall to accommodate our coaches and Senior Boys squad, making it a true organisational feat. A massive thank you to all who helped make the camp such a great success.

We have attended several regattas since the school year began with promising results in all areas. The Year 9 Boys have experienced much success with many wins, top three finishes, and even a draw, among their 5 crews. Our Senior crews have started the year well with the Girls and Boys 1st Eights breaking their previous season-best times at the recent regatta. However, the most exciting race goes to our Boys Year 10 A Crew, beaten by half a second by PAC in the final of the Under 17 Coxed Quad Scull at the 1st Grade State Championships held last weekend.

With seven weeks remaining until the season's finale, the School's Head of the River Regatta on 6 April 2013, the club will be very busy, not only training and racing, but christening some recently purchased boats, welcoming our new Year 8 crews to regattas, organising and participating in fundraising events and enjoying the rest of what has already been a great season.

Becky Lannan, Head Coach, UHS Rowing Club











## The Arts & LOTE News

## Italy Trip Fundraiser – Movie Night and Pizza Thursday 7 March 2013

Our final fundraiser for the Italy trip will be a Movie night featuring 'Welcome to the South'. This will be held in the George Cresswell Hall on Thursday 7 March 2013. The night will also involve a raffle, and homemade Pizza created by the Smeg Pizza Ovens. We thank Robert Bayley (parent and Smeg representative) for organizing their generous offer. We encourage groups of friends, family and students to join us for a fun night.

Tickets available from Ms Moore terri.moore@uhs.sa.edu.au

Terri Moore. Art Teacher





**UHS Italy Trip Fundraiser** Thursday March 7th 2013 **George Cresswell Hall** 

\$8 Ticket including Pizza for Supper **BYO Drinks and Snacks 6.30pm for 7.00pm film** 



# **Parent Workshops**

# Parent Workshops to be presented by Madhavi Nawana Parker, Behaviour Consultant

# **Identifying the Underlying Causes of Behaviour Difficulties**

Wednesday 20 February 7.00pm - 9.00pm

# **Developing Resilience to Encourage Positive Behaviour**

Wednesday 20 March 7.00pm – 9.00pm

# **Guiding Positive Behaviour in Home and School**

Wednesday 3 April 7.00pm - 9.00pm

# **Anxiety and Anger Management**

Wednesday 15 May 7.00pm - 9.00pm

# **Relaxation and Stress Management**

Wednesday 5 June 7.00pm – 9.00pm

It is recommended that participants attend the first introductory workshop in order to develop a foundation for the others that follow

# These workshops will be held at

Mitcham Primary School – Kurruka Building Hillview Road Entrance Kingswood

RSVP - Email - info@goldfoundation.com.au or phone Caroline on 0412 999 906

## About Madhavi

From 1996 and 2001 she worked as the Social Skills Program Coordinator for Autism SA. Her role involved developing and facilitating social skills programs throughout Adelaide as well as advising schools and other organisations of appropriate ways to encourage the social and emotional development in this client group. Madhavi commenced private practice in 2001 Madhavi extended her practice to offering service to children and adolescents with Attention Deficit Disorder and Anxiety specialising in social skills training and positive behaviour management principles. Madhavi, in conjunction with Mark LeMessurier, developed the 'What's the Buzz?' social skills program. Madhavi presents regularly at conferences to teachers, special education workers, community workers, parents and Allied Health professionals.

# GLENUNGA FOOTBALL CLUB



# Join our Junior Football Club Under 8s to Under 16's

Play local Australian Rules Football - Glenunga plays in the Metro South Junior Football League against Unley, Mitcham, PHOS Camden, Plympton, Edwardstown, Mitchell Park, Pulteney, Kenilworth, Colonel Light Gardens and Goodwood

- Our home ground is Webb Oval, Conyngham Street, Glenunga
- Teams play games Sunday
- Training Friday from 5pm at Webb Oval
- Registration fees are \$220 for the first child and \$200 for each additional child
- Team numbers restricted to 25 per team
- Under 13 and 15/16's needed urgently
- Family friendly atmosphere

Contact our Registrar, Amanda Wilkes-Davis for more information on 0424 095 010

Juniors Registration evenings Friday 8th February and 22nd February from 5pm at Webb Oval please bring proof of age

\*\*\*Glenunga is also entering an Under 18 Girls Team into the SA Women's Football
League, so if you have a daughter aged between 16 and 18 please contact us for more
information\*\*\*

# SOUTH AUSTRALIAN ASSOCIATION OF SCHOOL PARENTS CLUBS (SAASPC)

# Parent Forum Students with disabilities and learning difficulties

Wednesday 20 March 2013 9.30am – 3.00pm

Australian Education Union Building 163a Greenhill Road Parkside

Speakers on:
Australian Curriculum (DECD)

Department for Education and Child Development and its role in Special Education (about the unit, policies etc) (DECD)

Specific Learning Difficulties (SPELD SA)
Special Education Resource Centre (SERU)
Support for parents (Parents for Parents)
What happens at school (Disability Unit St Morris Trinity Gardens Primary School)

There is no charge to attend the forum and lunch will be provided

For more information telephone freecall 1800 724 640

Registration form: Students with disabilities and learning difficulties

I would like to attend the parent forum on Wednesday 20 March 2013

Name
Contact address
PostcodeTelephone
Email address
Preschool/School.
On a sint and a few distance who at the info all the six

Please return by Friday 15 March to

SAASPC GPO Box 2126 Adelaide SA 5001 or by fax to 8522 4084

# Canteen thank you's

To our valued volunteers, a very big thankyou for donating your time to your schools canteen.

Marion Plane Kerrilee Lock Ra Stretch Jenny Stevens Faith Ting De Woolman **Trudie Cain** Robin Ward Kathryn Ireland Anna Chin Alegra Stocks Kathy Aiston Aija Windsor Jan Hardwick Carla Davison Oriana Barbara **Geraldine Sweeney** 

Look forward to seeing you next time! *Helen and Elaine* 

# Cirkidz

# is now enrolling for Semester 1

Do things differently with Cirkidz! Try out the trapeze, master the unicycle, trampoline and stilt walking, learn to juggle and much more...

Cirkidz' dedicated trainers teach the secrets behind circus arts and develop healthy bodies and confident, creative minds at our fully equipped circus school in Bowden. Cirkidz circus training encourages individuality, teamwork and strength in a supportive and non-competitive environment, and is perfect for those who may not enjoy traditional team sports or have energy to burn!

Spaces available in classes for everyone ages 2  $_{1/2}$  through to 18. Enrol online at cirkidz.org.au, or contact us on 8346 5735 to arrange a 'Come And Try' class!



Marion Cultural Centre - Domain Theatre 287 Diagonal Road Oaklands Park

Blue Light Under Age Rage 9-17 years.

7.30pm – 10.00pm
Events fully supervised by Police. LOCK IN!
GREAT PRIZES ON THE NIGHT

Tickets available from box office Phone 8375 6855.

22nd March 3rd May 28th June 9th August 20th September 18th October

22nd November

Thank you for supporting Sturt Blue Light.

All monies raised go to supporting youth events and school programs in the local area.



Kitchener Street, Netherby SA 5062

**Telephone:** +61 8 8272 1455 **Facsimile:** +61 8 8373 3031 **Email:** info@uhs.sa.edu.au

www.uhs.sa.edu.au

# Term 1 2013 Diary Dates...

March 4	Fundraising Committee Meeting	5.30pm
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March 7 Year 8 Breakfast, Counselling Foyer 8.00am - 8.40am

March 8 SPORTS DAY

March 11 PUBLIC HOLIDAY - Adelaide Cup Day

March 12 Parent Voice Meeting 6.30pm - 8.00pm

March 13 Year 8 Immunisations

March 15 Year 12 Formal, National Wine Centre

March 18 FAC (Finance Advisory Committee) Meeting 5.30pm

March 18-24 Rowing Nationals - Penrith NSW

March 21 Year 8 Breakfast, Counselling Foyer 8.00am - 8.40am

March 22Year 8 Parents Sausage Sizzle6.30pmMarch 26UHS School Council Meeting7.00pm

March 29 PUBLIC HOLIDAY - Good Friday
April 1 PUBLIC HOLIDAY - Easter Monday

April 4 Parents as Career Partners

April 4 Year 8 Breakfast, Counselling Foyer 8.00am - 8.40am

April 6 Italy Art & Language Trip

April 6 Rowing, Head of River, Westlakes

April 10 SSSA Inter-school Athletics

April 12 EARLY DISMISSAL 2.15pm

# Term 2 2013 Diary Dates...

April 29	STUDENT FREE DAY - Teacher Professional Development
April 30	STUDENT FREE DAY - Teacher Professional Development

May 6 Fundraising Committee Meeting 5.30pm

May 7 PARENT/TEACHER INTERVIEWS 12.00pm - 8.00pm

May 13 FAC (Finance Advisory Committee) Meeting 5.30pm

 May 13
 Parent Voice Meeting
 6.30pm - 8.00pm

 May 19
 OPEN DAY
 2.00pm - 4.00pm

May 20 - 24 Work Experience

May 21 UHS School Council Meeting 7.00pm

May 30 Year 8 & 9 Immunisations

June 3 Fundraising Committee Meeting 5.30pm

June 5 Year 8 Relationship Day

June 10 PUBLIC HOLIDAY - Queen's Birthday

June 11 Parent Voice Meeting 6.30pm - 8.00pm

June 17 AC (Finance Advisory Committee) Meeting 5.30pm

June 17 - 21 YEAR 11 EXAMS

June 24 SEMESTER 2 COMMENCES

June 25 UHS School Council Meeting 7.00pm

June 25 Year 9 Immunisations

July 5 EARLY DISMISSAL 2.15pm



6.30pm - 8.30pm