

Rowing Club News



Unley High School

July 2013

President's Ponderings

Congratulations to everyone for a very successful Head of River regatta, it was a great day and a fabulous conclusion to the season. Welcome now to the off-season which is never-the-less packed with rowing activities. The senior squads have resumed land training and the committee has been busy preparing for next season.

- We have re-organised the boat shed at school and are in the process of selling the two old trailers as well as some of the older boats that we can no longer store.
- Maintenance sessions are being organised to clean all boats and to train squads how to maintain their equipment.
- Boat naming ceremonies are planned for the 'Julia Gillard' and we have booked 22nd September to name the "Anita Hughes". More details to follow.
- Thank you to everyone who completed our online survey. The responses have been quite enlightening. A report is being prepared for distribution.

At a recent Committee Meeting it was agreed to purchase three second-hand singles and a second hand quad. These should be available for use at Spring Camp. To help pay for these boats it is planned to run a recycling fundraiser. More details of this event will be sent out soon but the big collection day is scheduled for 3rd August so mark this day in your diary.

In one of our most important duties, the committee has been working closely with the school to appoint a new Rowing Manager who will take over when Anita steps down at the end of Semester 1. We have gone through a formal selection process and just recently appointed Joshua Whitwell as the new Rowing Manager. Many of you already know Josh through his coaching with the club. He is also an old scholar of Unley High School who after spending time working and travelling overseas has returned home where he is studying for a degree in Education/Health Science at Flinders University. Welcome Josh and good luck in your new position.

Regards and best wishes,

Tim Hercus

President UHS Rowing Club

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Thank You Chris Russell

Since 2003, Chris Russell, father of James and Sophie, has provided an extensive photographic record of the club's rowing activities and achievements. A lot of the pictures in the Newsletters, Open Day posters and publicity pamphlets are courtesy of Chris.

Chris has spent many hours uploading photos and preparing the slide shows, especially for the HOR Presentation Dinner and last night of camp viewings for our Club and for always making these accessible to the rowing community.

Thank you Chris, and also Liz, for taking the time to attend regattas, camps and other rowing functions. We very much appreciate the enormous effort that you have put into our club and the memories you have captured.

Tax Deductible Donations to the ASF

Donations made to the **Australian Sports Foundation** in support of the Rowing Club are Tax Deductible. Grants from the ASF are used to purchase much needed equipment for the Rowing Club. The Blue Book contains more information about the ASF, as well as the ASF Donation Form.

Deb Kinnane

Treasurer

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Letter from Josh Whitwell

Dear UHS Rowing Community,

I would like to take this opportunity to express my gratitude at being appointed to the position of Rowing Operations Manager at UHS. I would also like to acknowledge the considerable work put into this role by Anita over the past 11 years. I very much look forward to being able to access her considerable knowledge on all things rowing at UHS.

Having been involved with the Unley High School Rowing Club for roughly ten seasons, I am acutely aware of the culture that exists within the rowing club. I hope to draw on this experience in my new role and feel strongly that the rowing club is heading in a positive direction. I look forward to contributing my administrative abilities and rowing knowledge to the continued success of the Unley High School Rowing Club and to meeting you all as the season progresses.

Warmest regards,

Joshua Whitwell

Beer Glasses

The beer glasses are still here! They look great and are perfect for entertaining or just for everyday use - six glasses for \$45.00. Please contact Wendy James to make your purchase. Hurry before they sell out.



Senior Boys Squad



Bill Dankbaar addressing UHS rowing families at the 2007 HOR Dinner. The crew members of the winning 1st VIII crew are in the background

Bill Dankbaar 1952-2013

Bill Dankbaar was one of South Australia's greatest ever rowers and coaches. He was an Olympic oarsman and coach, King's Cup oarsman and coach and successful coach and passionate mentor to hundreds of schoolboys and schoolgirls, and young coaches in South Australia and NSW.

At the 1994 Olympics, he coached the Australian Women's Coxed IV at the LA Olympics. The crew which included a former Unley rower, Robyn Grey-Gardner, won Australia's first women's Olympic rowing medal (bronze).

In 1996, he became coaching coordinator at UHS. In 1987, under Bill's coaching, Unley won 8 of the 15 events at Head of River, including the feature races - Schoolboy 1st VIII and Schoolgirl 1st IV (the Schoolgirl VIII was introduced in 1988). By 1988, the UHS Rowing Club had more than 120 rowers.

Last term, several UHS rowers attended a memorial service for Bill Dankbaar at the Torrens Rowing Club. Those attending all learnt further of his amazing abilities as a coach, the culture he created, and the values he instilled into our rowers (and subsequently coaches).

To commemorate his recent passing the Torrens Rowing Club are seeking to purchase and name an eight in his honour and the Unley High School Rowing Club has been invited to contribute. Considering Bill's role with the club, it is felt an appropriate and important gesture would be to designate the proceeds of the Senior Boys Life Be In It BBQ as the school's contribution to the purchase of 'Bill's Boat'.

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Boat Christenings

On Saturday 16th March, the UHS Rowing Club christened two new singles, the Gilmore and Plagakis, honouring the extensive service provided to the club by two rowing families. Many current rowers, past rowers and families attended this afternoon event on the Torrens riverbank.

A delicious afternoon tea, catered for by the Rowing Committee and the local Pizza shop followed.

The rowers look forward to training and competing in the new singles and thank all those who assisted in fundraising as well as the Plagakis and Gilmore families for their dedication to the Unley Rowing Club over many, many years.



Regatta Results

Congratulations to the following winning crews:

2013 Pulteney Grammar - School Super Series Regatta Saturday, 2 March 2013

Schoolgirl Year 8/9 A Coxed Quad Scull
Eliza Ganley, Rosella-Stevenson, Courtney Size, Vanessa McGlinchey, Eddy Holmes - cox

Schoolboy Year 8/9 D Coxed Quad Scull
Harry Baxter, Moe Milsom, Will Preece, Max Bowering, Stephanie Bastian - cox

Schoolboy Year 8/9 A Coxed Quad Scull
Jack Cheshire, Reuben Stretch, Ethan Mons, Sam Luongo, Aria Rose Tuckey - cox

Schoolgirl Year 9/10 B Coxed Quad Scull
Ruby Wright, Linda Gahleitner, Layla Ellis, April Rouse, Eliza Ganley - cox

3rd Grade Men's Coxed Four
Angus Santostefano, Aaron Jones, Austin Zilm, Tom Edmonds, Britt Memmler - cox

2013 Adelaide High - School State Championships & School Super Saturday, 9 March 2013

Schoolboy Year 8/9 E Coxed Quad Scull
Harry Baxter, Harry Wilson, Oscar Smit, Max Bowering, Aran Wittert - cox

Schoolboy Year 8/9 A Coxed Quad Scull
Sam Luongo, Jack Cheshire, Reuben Stretch, Ethan Mons, Aria Rose Tuckey - cox

Schoolboy Year 10 A Coxed Quad Scull
Dylan Tuffin, Adam Perry, Lachlan Rowe, Jordarn Karpowicz, Vanessa McGlinchey - cox

St Peters 16th March, 2013

Schoolboy Year 10 A Coxed Quad Scull
Dylan Tuffin, Adam Perry, Lachlan Rowe, Jordarn Karpowicz, Vanessa McGlinchey - cox

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Congratulations To Austin Zilm

At this year's Australian Open Rowing Championships, Austin Zilm represented Unley High School in a composite boat comprising Torrens, Unley and Pulteney Grammar oarsmen. The crew raced exceptionally well to win gold in the Under 19 Men's Coxless Four.

Congratulations to Austin and his crew on a fantastic performance.



Under 19 Men's Coxless Four

Head of River – 6th April, 2013

An eager and dedicated group of parents and rowers, arrived at West Lakes well before sunrise in preparation for the excitement that accompanies Head of River day.

As in previous years the setting up of tents, tables and food was completed quickly and efficiently and it was not long before the BBQ breakfast was ready for serving.



Breakfast!

Throughout the morning BBQ egg and bacon muffins, tomatoes and pancakes, muffins, biscuits, slices and home-made gingerbread men, as well as orange juice and hot tea and coffee were enjoyed by all.

Nippy's Orange Juice was kindly donated by Mr Frank Moran, at Nippy's. Thank you Frank and also to Jo Fiedler who organised this.

Particular thanks also goes to Rob Handley, a member of the UHS teaching staff who organized and towed a BBQ trailer for the club to use on the day.

It was a very successful day for our crews with many rowing season-best times, not to mention three wins and a very close second. Our winning crews included:

Schoolboy Year 9 E Coxed Quad Scull

Tom Wainwright, Oscar Smit, Harry Wilson, Max Bowering, Jack Coldwell - cox
Coaches – Michael Heliotis, Hamish Straatman, Damian Plagakis and Ben James

Schoolboy Year 9 A Coxed Quad Scull

Sam Luongo, Jack Cheshire, Reuben Stretch, Ethan Mons, Aria Rose Tuckey - cox
Coaches – Nick Lohmeyer, Josh Whitwell

Schoolboy Year 10 A Coxed Quad Scull

Dylan Tuffin, Adam Perry, Lachlan Rowe, Jordarn Karpowicz, Vanessa McGlinchey - cox
Coaches – Peter Roush and Jacob Shepley

Some interesting facts about UHS's results at the 2013 Head of River include:

- Year 9A Boy's time was second fastest time ever recorded at HOR for that year group.
- The same applies to the Yr10A Boys.
- Year 9E Boy's time was the fastest recorded for an E Division crew.
- The closest race for the day was the Year 9B Boys who lost to PAC by a mere 1.09sec.

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- There were 47 crews entered into the Boy's Year 9A to E division races and Unley crews recorded the fastest, 4th fastest and 8th fastest times across all schools and divisions.
- Overall UHS won three races, the same as Pembroke and Seymour – but neither of these schools won two A Division races. PAC and Walford both won 4 races; PAC only won one A division race – SB VIII and Walford won two – SG Year 10A and SGVIII.
- This was UHS's most successful years in terms of wins since 2000 when they had four wins. Prior to that three or more wins were only ever recorded in 1987 (six wins) and 1988 (five wins).

An article about the school's success appeared in the Eastern Courier on 24th April.

It was great to see so many staff, current students and former rowers and their families who attended at West Lakes on the day to provide vocal support.

Thank you to the HOR Sub-Committee who so wonderfully coordinated the tent set-up, and catering rosters, and also to the numerous families who assisted with these tasks or with decorating our site, cooking baked goods, or the packing up at the end of an exciting day.



Schoolboy Year 9 A Coxed Quad Scull



Schoolboy Year 9 A Coxed Quad Scull



Schoolboy Year 10 A Coxed Quad Scull

Head of River Dinner

The dinner was held in the George Cresswell Hall and was attended by 250 people.

Once again the HOR Sub-Committee did a superb job in organising the ticketing, Hall set-up, food and drink catering, raffle prizes and clean-up. Thank you, also, to all who volunteered to set up and clean up the hall, assist in bar duty and donate items for the Silent Auction and raffles and prepare these items.

Particular thanks goes to Vicky and Michael Mons who donated a week's accommodation at their Middleton Beach House, and to Stuart Waters who organised for the donation of a Dulux Dog.

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Five of our senior rowers competed for the last time, most of whom have rowed for the school since Year 8. Thanks to you and your families for your commitment to the Rowing Club and we hope to see you at regattas next season.

Congratulations to all who made speeches on the night and also to those who were successful in winning trophies.

UHS Rowing is hosting HOR in 2015 which will be a very exciting time for the club.

Trophy Winners:

Ironman and Ironwoman Awards

Senior – Aaron Jones and Isobel Hercus

Year 10 – Adam Perry and Verayna Zilm

Year 9 – Ethan Mons and Vanessa McGlinchey

Year 8 – Tom Wainwright and Anna Ford

Squad Awards

Senior Oarswoman - Elli Fessas

Senior Oarsman – Jarryd Hawes

Year 10 Oarswoman – Verayna Zilm

Year 10 Oarsman – Lachlan Kinnane

Year 9 Oarswoman – Vanessa McGlinchey

Year 9 Oarsman – Eddy Holmes

Year 8 Oarswoman Cymbie Puce

Year 8 Oarsman – Hamish Bramley

Most Dedicated Coxswain – Britt Memmler

Chuan Lai Shield (The Most Valuable Clubperson) – Austin Zilm

Well done to everyone who rowed and coxed for Unley High and thank you to the coaches, squad managers, committee members, Rowing Manager and parents.

Open Day

Unley High School Open Day was held on Sunday 19th May. Once again a helpful group of rowers promoted the Rowing Club by demonstrating how to use the ergos, talking to visiting families about how fantastic rowing is and handing out

information. A number of rowers also spent Friday after school setting up for the Open Day.

The parents cooked a BBQ (on the new school BBQ!) which was very popular. Thank you to everyone who assisted in promoting the Unley High School Rowing Club.



Senior Girls Squad

Important Dates

Recycling Fundraiser Collection Day - Saturday 3rd August, Unley High School.

AGM and Matthew Draper Cup – Sunday 25th August, 10-30am, Unley Boathouse, Torrens Lake.

Spring Camp – 5pm Thursday 5th September to 4pm Monday 8th September, Ankara Campsite, Walker Flat.

Boat Christening – Anita Hughes
2:00pm, Sunday 22nd September, Unley High School.

Come'N'Try Rowing
Sunday 13th October; Sunday 20th October

Woodhouse Challenge Course
Saturday 19th October

Opening Season Regatta
Saturday 26th October

Riverland Regatta, Renmark
Saturday 7 December – Sunday 8 December

Summer Camp – 4pm Sunday 19th January to 12 noon Thursday 23rd January, Ankara Campsite, Walker Flat.

Wendy James, Newsletter Editor

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Unley High School CAPITAL EQUIPMENT DEVELOPMENT PLAN

Unley High School Rowing club is registered with the Australian Sports Foundation.

Donations of \$2 or more to the ASF in support of Unley High Rowing Club are fully tax deductible.

Past and present members of the Unley High Rowing Club community and any other interested parties can assist the club in its Capital Equipment Development Plan by making donations to the ASF, listing Unley High Rowing as the benefactor. The ASF issues official receipts.

ASF donations are returned to the club as grants to be used to purchase new equipment.

In 2008 & 2009 generous donations were received and used as part payment for the "Lock" quad and new oars. New boats and oars are lighter, easier to row, more competitive and take a lot less money and time to maintain than the old ones.

Continued renewal of our equipment is required for our rowers to be competitive.

Please consider donating to the Unley High Rowing Club via the ASF. Your kind support will be greatly appreciated. An official ASF donation form is attached. Simply return it with your donation to the Club Treasurer or Anita Hughes, Club Manager.

For further information regarding the Australian Sports Foundation visit www.asf.org.au

Australian
Sports
Foundation



Naming ceremony for the "LOCK"



The "LOCK" in action for the first time



Unley High School Boatshed

